

EdYOUfest

MAKING LANGUAGE COACHING ACCESSIBLE

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What 5 trends affect our online classes today?



Availability of
attention, focus

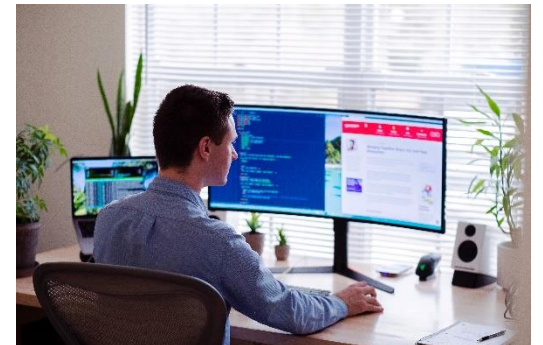


Shift in ways of learning

1. Increased awareness of social & emotional well-being
2. Obtaining & processing information, data
3. Reorganisation of daily habits
4. Shift in ways of learning
5. Online presence (24/7)
 - Networking & socialising
 - Availability of attention, focus



Networking & socialising



Obtaining & processing
information, data



Where is your focus?

- ☐ Past
- ☐ Present
- ☐ Future



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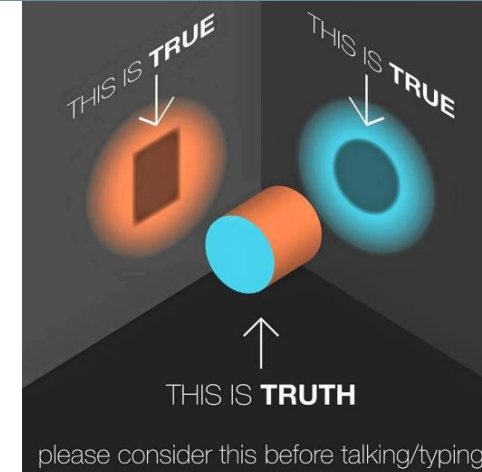


What happens when we get stuck in our individualistic world perspective?

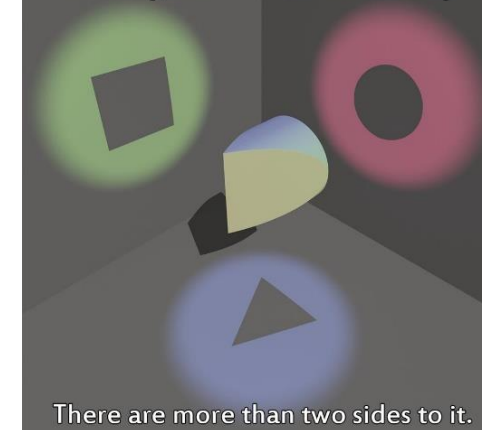


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Actually, that's a false dichotomy.



Your perspective on reality may not be wrong.



What are the 4 pillars of language coaching?

CONTENT

1. Communicate openly for flexible content management
2. Co-plan for effective collaboration
3. Share responsibility for balanced content control
4. Promote learner-inspired content for creativity

GOALS

1. Learn better to perform better
2. Manage time to value time
3. Strategy up to stress down
4. Critical thinking to add perspective



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RAPPORT

1. Maintain partnership
2. Create a positive learning environment
3. Anchor communication channels
4. Establish expert domain

AWARENESS

1. Embed a mutually supportive approach
2. Work with the power of reflection
3. Clarify responsibility domains
4. Strengthen learner commitment

What are the 8 key language coaching points?

1. Trust, respect & self-confidence
2. Co-creation & collaboration for empowerment
3. Guidance and not output-driven
4. Process & progress/development focus
5. Curiosity and support to ask great questions
6. Listen and challenge with sensitivity & empathy
7. Provide feedback & allow for think time and space for reflection
8. Be brave enough to let go of non-productive beliefs



In what ways is language coaching conducive to personal growth?

- Supports motivation and reduces stress
- Moves beyond learning blocks to higher learning plateaus
- Provides opportunities to reach full learning potential
- Builds strategies to deal with tight deadlines or events



- Creates better learning environments in and out of class
- Reframes negative self-talk
- Works on meaningful goals
- Co-creates relevant language programme content



How can language coaching help learners move forward?

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Challenge 1

I have so little time and so many other things to do.

Challenge 2

I have no language skills.

Challenge 3

I don't like learning from books.



Solution 1

What is the smallest daily time commitment you can make?
Did you know that even 10 minutes daily makes a difference?

Solution 2

Where is this coming from?
What can you pinpoint?
Give me examples.

Solution 3

What alternatives can you imagine?
Who in your network can support you?



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What are 5 powerful questions that language coaches ask?



1. What do you want to work on today?
2. What would you be content with by the end of this session?
3. How will you know your goals have been met?
4. How are you going to make your goal a reality?
5. What specific steps will you take in the next few days?

What ONE WORD is common in each of these questions?

„Coaching should be a process of inquiry, not a series of questions.”
— Marcia Reynolds, [Coach the Person, Not the Problem: A Guide to Using Reflective Inquiry](#)



What additional questions support discovery and solution-focused coaching outcomes?

What would you modify?

How could you...?

Where can you...?

In what way...?

How might I...?

What is your experience with...?

Have you ever...?

What is your favourite...?

What help might you...?

Who...with...?



How do language coaches reinforce „Learning to Learn“?

By creating curiosity and awareness,
language coaches support effective learning.

By understanding the what and the why of learning,
language coaches help learners to create a strategy
to learn best.



How can teachers implement a coaching mindset in their lessons?



- Think about their methodology
- Tweak approaches to learning
- Adapt activities to needs
- Experiment with new ideas
- Observe what is happening
- Research the unknown
- Unlearn the old
- Learn the new
- Challenge their own mindset



How can language coaching add value to your work?

Apply the the USAE Model

Understand how to support through learner-led conversations about their learning processes

Set up a framework to support and scaffold learning and communication for your learners

Apply a number of coaching tools and models to bring out the potential in all your learners

Engage with the right skills to create structured conversations to facilitate true commitment

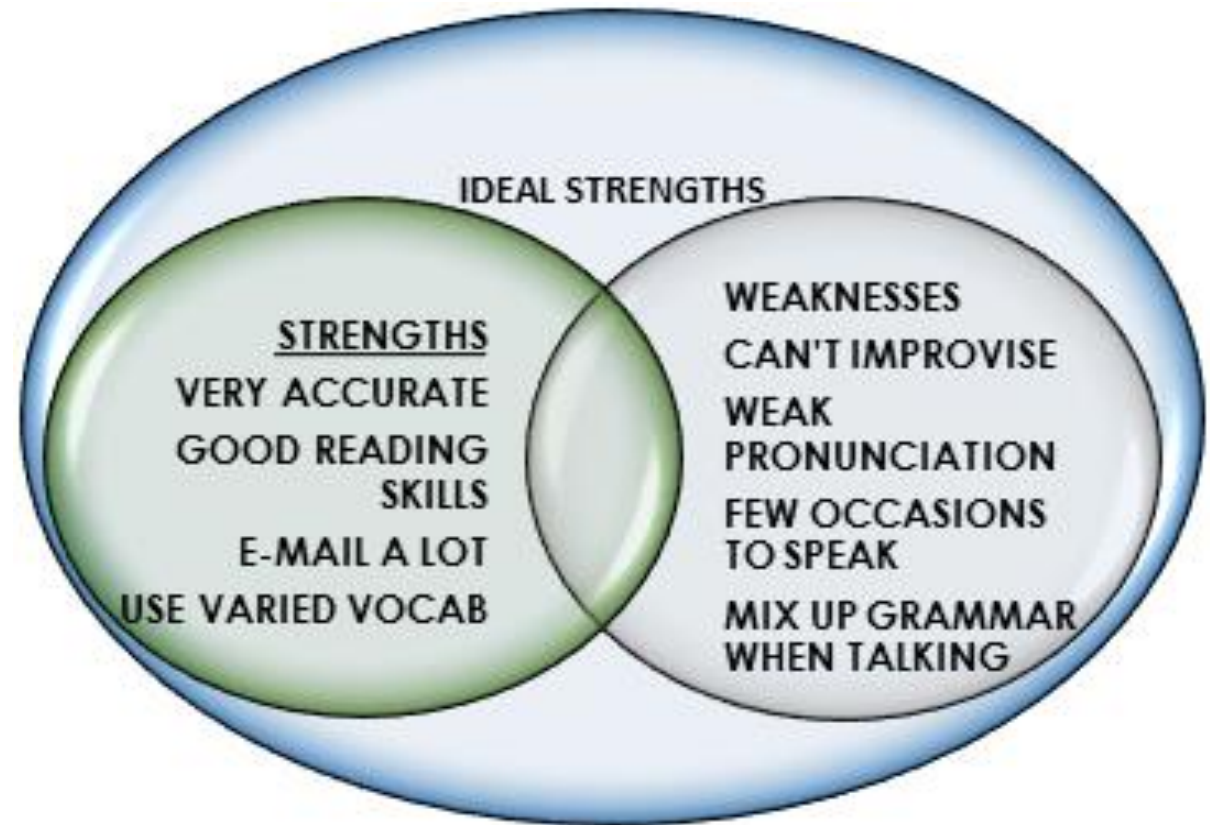


What does a mini language coaching toolkit look like?

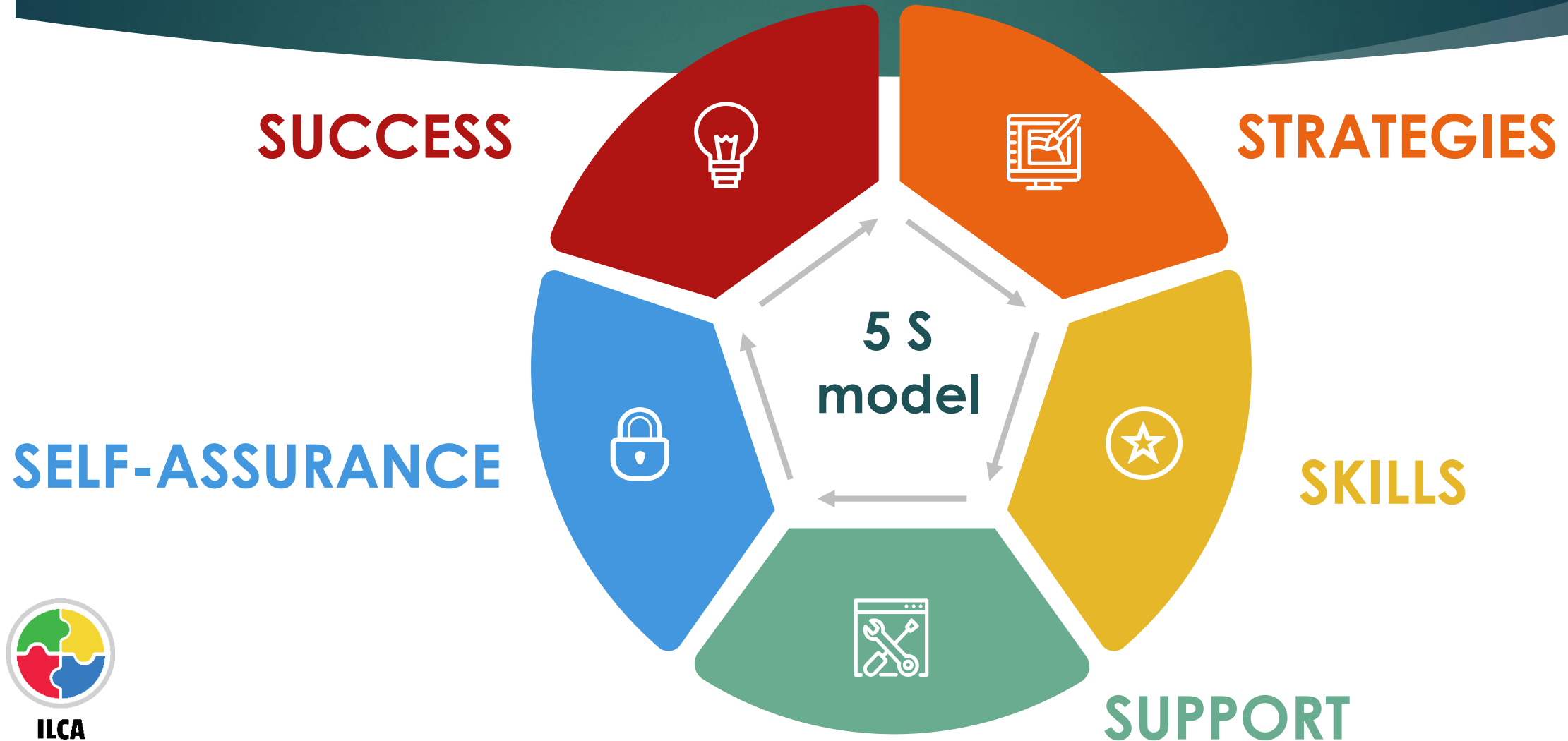


Ideal strengths: a personal case study of a language learner

How can this activity
support your learners?



Reflect, respond, re-design



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Working with pictures

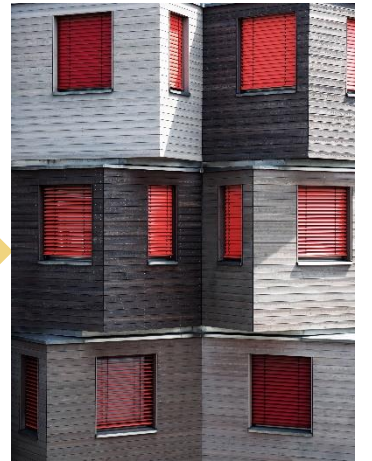
Past



Present



Future



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Thank you for your attention!

FOUNDATION

Learn how to adopt and work with a coaching mindset in language classes with this basics program.

Weekly live-online trainings
2 trainers
1-month program
International cohort
Certificate issued

INTEGRATE INTUITION WITH NEW SKILLS



EXPANSION

Further your foundations with extra coaching tools and skills with this highly down-to-earth program.

Weekly live-online trainings
2 trainers
1-month program
International cohort
Certificate issued

MOVE BEYOND BASICS



ELEVATE

Boost your impact with corporate clients to support workplace communication with this content-rich program.

Supplementary training videos
Weekly live-online trainings
2 trainers
1-month program
International cohort
Certificate issued

BUILD COMMUNICATION - DRIVE RESULTS



LEAD

Build a thriving business for an international clientele in this programme on language and communication for teams built on collaboration and trust

Supplementary training videos
Weekly live-online trainings
2 trainers
1-month program
International cohort
Certificate issued

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2021 PROGRAMMES

FREE TALKS, YT CHANNEL,
MEMBERSHIP

PRACTICAL TRAINING WITH
INTERNATIONAL ATTENDEES

INTERNATIONAL ATTENDEES
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<https://internationallanguagecoaching.com/>

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- Materials and writings on the ILCA website

